

## SOU Exchanges

### LAB University of Applied Sciences

Location of university:	Lappeenranta, Finland
Website for exchange info:	<a href="https://www.lab.fi/en/exchange-student-guide">https://www.lab.fi/en/exchange-student-guide</a>
Program Dates:	Fall or Year-long: Sept - Dec  Winter/Spring: January - May
SOU Deadlines:	Fall/Winter or Yearlong: Feb 15 Winter/Spring: Sept 15
Majors:	International Business; Tourism and Hospitality  Year-long students may have a Dual Degree option in International Tourism if additional requirements (internship hours, thesis) are met.
Language requirement?	None, students take Beginning Finnish while on exchange
Housing:	Through a third party student-housing org, shared apartments in buildings throughout Lappeenranta.  Approximately \$400-500 per month.
Scholarships:	Gilman Scholarship [national]



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### LAB Budget - Full year (Early Sept. - Late May)

SOU Tuition and Fees (Three terms at your tuition rate -- <b>resident</b> rate given as example)	\$12,093
Required Int'l Insurance (\$2.10/day x 274 days)	\$575.40
SOU Study Away Admin Fee (x 3 terms)	\$1050
<b>SOU-billed Subtotal</b>	<b>\$13,718.40</b>

Airfare (estimate)	\$1500
Books and supplies (estimate)	\$250
Housing (year-long, estimate)	\$5000
Meals (estimate)	\$3000
Student Residence Permit	\$411
Passport	\$165
<b>Subtotal</b>	<b>\$10,326</b>

- Of note: Students must apply for their Finnish [student residence permit](#) prior to departure, which will include a physical appearance, typically at the VFS Global Application Center in San Francisco. Costs associated with that trip are **not** reflected here. Students must show access to 560 euro (\$657) per month to demonstrate financial means during their stay in Finland. Information about demonstrating [Proof of Finances can be found here](#).