

OPT Recommendation Form

Federal visa regulations stipulate that international students are not allowed to work off-campus without prior authorization. Students on an F-1 student visa can request authorization to engage in Optional Practical Training (OPT) during their studies or upon completing their degree. OPT employment must be directly related to the student's field of study.

When selecting start and end dates, please keep in mind that it takes approximately 8-12 weeks for USCIS to process OPT requests.

To be eligible, the student must have completed one academic year of full-time study and maintained good visa status during that time. Pre-completion OPT can be approved for part-time employment (20 hours or less per week) during the academic term or full-time employment during official school breaks. Post-completion OPT can be approved for full-time employment upon completion of all degree requirements.

Student Name

Advisor Name

Major(s)

Graduation Date

I recommend that the student listed above receive authorization for (please select one):

- Pre-completion OPT.** Student is applying for part-time training that will take place before course requirements are completed.

Start date: _____

End date: _____

Number of hours per week: _____

- Post-completion OPT.** Student is applying for full-time training after completion of all degree requirements.

Start date: _____

End date: _____

Number of hours per week: _____

Student Signature

Date

Advisor Signature

Date